



## 2017 Junior Lifeguard Updates

1. All registrations are being handled by our online registration system through the Active.com website. This platform is mobile friendly and there is a text message system for automatic updates, be sure to add any email addresses and phone numbers you would like to receive these updates. [practice changes due to weather & reminders]
2. The sessions this year for REGULAR Junior Lifeguards will continue with the Monday, Tuesday, Wednesday format with two exceptions. The regular schedule will start Monday June 26<sup>th</sup> from 8 to 10 am and will conclude Wednesday August 2nd. The second exception is the week of the 4<sup>th</sup> of July – that falls on a Tuesday ~ so the program for REGULAR Junior Lifeguards that week will be July 3,5,6 Monday, Wednesday, & Thursday 8-10am. The other exception is Wednesday July 26<sup>th</sup>, the day of our All-Women's lifeguard tournament in Sandy Hook, many of our lifeguards are off the beach, come cheer them on for the title! 16 sessions in all. The cost of this program is \$130.00
3. Typically most Junior Lifeguard tournaments are held on Thursday so we are freeing that day for these as well as holding open for cancellations if need be. There are two tournaments on Tuesdays – Long Branch and Regionals (Wildwood) There will be JG Practice in Sea Girt these days for those not attending the tournaments. We do, however, HIGHLY encourage participation in Junior Lifeguard Tournaments.
4. The cost of the Junior Lifeguard program – DOES NOT INCLUDE A UNIFORM – you will receive a welcome email from the Junior Lifeguard Program and be directed to purchase required uniform as well as other extra Junior Lifeguard equipment if you so desire. The uniform is similar every year and can be worn many years in a row. You will now order what you would like. Each Junior Lifeguard will have the option to purchase a T-Shirt during registration & Purchase of uniforms will be taken care of at Swim New Jersey

*P.O. Box 55 Sea Girt, New Jersey 08750*

[www.SeaGirtBeachPatrol.org](http://www.SeaGirtBeachPatrol.org)

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5. Mini Guards will be held the on four Fridays in July starting on July 7<sup>th</sup> and end on July 28<sup>th</sup> this year from 8:00-9:30 The cost of this program is \$60.00
6. The cost of the Mini Guards WILL INCLUDE A T SHIRT to be handed out during the program
7. Surf Camp is still divided into three sessions starting on 7/8-7/16 on weekends. Second session 7/22-7/30 on weekends and the third session is being held on weekdays 8/8-8/11. The cost of this program is \$150.00 per session and runs 8-10am. The only change in time could happen around surf conditions and we will discuss this in advance. Example we may reschedule for an afternoon session depending on conditions.
8. The cost of the SURF CAMP – does not include a RASH GUARD and this can be purchased through our uniform distributor and is part of the uniform for the camp.
9. IRONGUARD competition camp will be the week before Nationals and is for the higher level JG athlete that is looking for additional training and equipment instruction. The JG athlete will be working with members of our National Competition Team on perfecting their skills for the sport of Lifesaving. This special training will take place on Fridays starting on June 30<sup>th</sup> and ending on the 4<sup>th</sup> of August with a bonus day on August 3<sup>rd</sup>. Minimum age is 9 and must be familiar with and competent in ocean swimming and junior lifeguard skills. This will be 1 ½ hours a day running from 10-11:30 am. Cost is \$100.00

Any questions please direct them to Sgt. Jillian Miller, Junior Lifeguard Director at 732.449.4774 x 17 or [juniorlifeguards@seagirtboro.com](mailto:juniorlifeguards@seagirtboro.com)

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