



Surf with us this

Summer

Surf School Sessions - 15 Surfers \$175

Session 1- July 9, 10, 16, 17

Session 2- July 23, 24, 29, 30

Session 3- August 1-4

Semi Private Sessions

MAX 2 Surfers,

\$150

Every Thursday

2 options

***Time is based on
the tides***

SEA GIRT SURF SCHOOL

FAQ

- **How do I register for Surf School?**
 - Click [here](#) to register
 - Or Visit www.seagirtbeachpatrol.org → select the Junior Lifeguard & Surf School tab → “Click here to begin the registration process”
- **What are the age requirements for Surf School?**
 - Ages 8 & up
- **What is the schedule for Surf School?**
 - Surf School will be held from 8:30-9:30
 - Session 1 - July 9, 10, 16, 17
 - Session 2 - July 23, 24, 30, 31
 - Session 3 - August 1-4
- **What are “Small Group Surf Sessions?”**
 - Small group surf sessions are one set price for up to 2 surfers (1 surfer & a friend for the session) These sessions are 1 hour long, and tailored to you and your group. The instructor to surfer ratio is a minimum of 1:2
 - We will hold these sessions on THURSDAYS. There are two time slots each Thursday. The time for these is TBA based on the Tides, we will contact you 48 hours in advance to schedule a time.
- **Where do the Surfers meet?**
 - North Beach (Lifeguard stand 0)
- **Should my child know how to swim? What are the swimming expectations?**
 - We expect surfers to be comfortable swimming in the ocean by themselves.
- **What should surfers bring with them? Do you provide surfboards?**
 - We provide the surfboards! Surfers just have to wear a swim suit & rash guard, or wetsuit. We recommend bringing a towel and water!
- **What will my child be doing during Surf School?**
 - Our goal in Sea Girt is to inspire each Surfer to become the best version of themselves, on the waves of course =). Surfers will have a mixture of fitness and educational experiences.
 - Fitness - stretching, strengthening, paddling, and of course SURFING!
 - Educational - respect for the ocean