

March 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
5	6 JG Registration is LIVE	7	8	9	10	11
12 Daylight Savings Begins	13	14	15	16	17 St. Patrick's Day	18
19	20 Surf School Registration is LIVE	21	22	23	24	25
26	27	28	29	30	31	

NOTES

June 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19	20	21	22	23	24
25	26 JG Day 1 8-9:30 AM	27 JG Day 2 8-9:30 AM	28 JG Day 3 8-9:30 AM	29	30	

NOTES

July 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 NO Junior Lifeguards 	4 Independence Day No Junior Lifeguards 	5 ay 4 8:30-9:30 Iron Guard 3-4 PM	6 JG Day 5	7 Mini Day 1 8:30-9:30 Iron Guard 9:30-11	8
9	10 JG Day 6 8:30-9:30 Iron Guard 9:30-11	11 JG Day 7 8-9:30	12 ay 8 8:30-9:30 Iron Guard 3-4 PM	13 Spring Lake Junior Lifeguard Tournament	14 Mini Day 2 8:30-9:30 Iron Guard 9:30-11	15
16	17 ay 9 8:30-9:30 Iron Guard 9:30-11	18 Long Branch Junior Lifeguard Tournament - NO JUNIOR LIFEGUARDS IN SEA GIRT!	19 ay 10 8:30-9:30 Iron Guard 3-4 PM	20 Belmar Junior Lifeguard Tournament	21 Mini day 3 8:30-9:30 Iron Guard 9:30-11	22
23	24 G Day 11 8:30-9:30 Iron Guard 9:30-11	25 JG Regionals // Jones Beach Tournament Ocean Grove Mlni Tournament NO JG IN SEA GIRT	26 ay 12 8:30-9:30 Iron Guard 3-4 PM	27 Manasquan JG Tournament	28 Mini Day 4 8:30-9:30 Iron Guard 9:30-11	29
30	31 G Day 13 8:30-9:30 Iron Guard 9:30-11	NOTES				

August 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 JG Day 14 8-9:30	2 JG / mini / surf Ice Cream & Raft Race Party 8-9:30 AM	3 Nationals practice 9-11 Am	4 Nationals practice 9-11 AM	5
6	7	8 Nationals Practice in Virginia Beach Time & Location TBA	9 JG Nationals, Virginia Beach	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOTES